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Fall Protection

COURSE OUTLINE

- Fall Protection Introduction & Regulations:
- The Fall Protection Basic Concepts
- Hierarchy of Controls
- Hazard Elimination & Fall Prevention:
- Hazard Elimination
- Travel Restraint Systems
- Control Zones
- Protective Covers
- Guardrails
- Ladder Safety
- Scaffolds
- Fall Prevention on a Sloped Roof
- Fall Arrest:
- Fall Restricting
- Fall Arrest Systems
- Body Holding Devices (Harness Types)
- Specialty Solutions/Situations (Work Positioning, Ladders, Aerial Lifts and Scaffolds)
- Equipment Care (Inspection, Maintenance and Storage)
- Rescue (Concepts, Planning, Suspension Trauma)
- Harnesses, Harness Inspection, Lifelines, Lanyards, Anchors
- Emergency Rescue & Fall Protection Overview
- Interactive exercises.

ABOUT THIS COURSE

This comprehensive Fall Protection course is an effective and interactive way to keep you and your employees up-to-date with Fall Protection training requirements. Considered a "full course", this course can also be used for "refresher training".

LOCATION

Malaysia

DURATION

5 days

WHO SHOULD ATTEND

- Workers. Employees who must perform work where they are exposed to the hazard of a fall. The law requires that a person be competent in order to perform their job safely.
- Supervisors, Safety Officers & HR Personnel. Persons with the responsibility of supervising the use of Fall Protection equipment and procedures must first understand the fundamentals. Proper understanding of the concepts learned will foster good planning and positive implementation.
- Purchasers and Managers. Fall Protection does not always have to entail huge capital investments.

OBJECTIVES

The main objective of this courseware is to introduce you to the Basics of Fall Protection, Working from Heights procedure and the Ontario Health and Safety Act and Regulations.