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Adventured Based Team Building

OUTCOME

- Assists people know & understand one another better
- Enhances self-awareness
- A must have when recruiting – to make sure you get the best individuals for your team
- Assists them work more efficiently collectively
- Increases understanding among group member

ABOUT THIS COURSE

Adventure based team building specializing in outdoor adventures. We incorporate activities such as caving, white water rafting , jungle trekking and group games into corporate team development adventures. We are well known for developing teams and helping them to connect through adventure experiences.

OBJECTIVES

- Improving team performance and the quality of our service/product.
- Characteristics of high performing teams: Key factors in team effectiveness
- Group dynamics: what happens in a group and why
- Strategies for improving teamwork: Leadership skills.
- Problem solving in groups: directing ourselves to get things done.
- Feedback: a key element in opening up communication.